

Monday: 21 06 21

Philippians 4:4

Reflection: Rejoice in the Lord always, and again I say Rejoice.. We are encouraged to rejoice and to actively seek to be happy in all things and at all times. No matter what. As well as regardless of the circumstances we are facing.

Application: Brave words for some who find themselves like Peter when he was surrounded by the storm. The waves and winds pushing him. Threatening to over power him and destroy him. We too can feel overwhelmed by the bleak circumstances we face in life. But we can take joy in knowing God is with us at all times.

Challenge: Before all else fails, remember you can pray and should rejoice in the Lord always.

Tuesday: 22 06 21

Philippians 4:5

Reflection: Let your gentleness be visible to all. The Lord is near. Words that are reassuring and encouraging. We know the Lord is always with us. We are also told to make sure that are gentleness is always displayed. Our compassion and empathy to others is a vital part of our witness to the world.

Application: It's easy to lose our temper and show it to the world. The real challenge is to stay calm and show both compassion and empathy. As we seek to share the Gospel of God's Grace through our actions.

Challenge: Seek the calmness of faith through our walk with the Lord each day.

Wednesday: 23 06 21

Philippians 4:6

Reflection: This verse wonderfully sums up the previous verses. We are told to not become anxious. But instead to constantly take our deepest concerns to God in our petitions and prayers. To set those things that trouble us before the Lord and to be thankful for the promises we have through our faith,

Application: It's a cold day, the weather reflects the hearts and thoughts of those gathered at the funeral of a well loved member of our church family. Yet we can take comfort that our dearly departed is now safe and rejoicing with the Lord himself. Our prayers go to the very throne and we are comforted.

Challenge: Let us remember fond memories, as we look forward to our reunion.

Thursday: 24 06 21

Philippians 4:7

Reflection: We have been granted a perfect peace. Not the sort of transient temporary peace that the world offers. But a complete peace that only our perfect and divine God can give us. A peace of mind and soul that transcends all human understanding and helps to protect us through life and beyond to paradise.

Application: There will always be times of happiness and sorrow. Life will continue to be a mixed blessing for us all. But we have the blessed assurance of a peace beyond compare waiting for us.

Challenge: Hold fast to your divine promise. Contemplate the blessings God gives you each day.

Friday: 25 06 21

Philippians 4:8

Reflection: It's been said that what we focus on is what we experience. The professional athlete will visualise the race. Seeing in their mind the finish line and how they plan on crossing it. This beautiful verse highlights those things we are called to focus on. The things that are the most important in life. The things of greatest value.

Application: As Christians we are indeed blessed with many beautiful things. Our relationship with God and our Lord can be reflected in the pure beauty of a sunrise. Our the laughter of a child. We should always seek these things.

Challenge: Set aside just fifteen minutes each morning to embrace the beauty of faith.

Saturday: 26 06 21

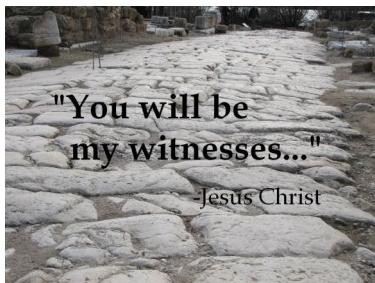
Philippians 4:9

Reflection: Lastly and in closing we are told and encouraged to put into practice all that we have been told and all that we have learned. That by doing this we are reassured of the continued peace and presence of God with us.

Application: As we part company each Sunday we take with us the warmth of fellowship and the reminder that God is with us always. That we are not alone in this world. Truly the peace of God is with us each. As well as the joy of salvation.

Challenge: Tomorrow is Sunday, our blessed time of fellowship and rejoicing. Let us rejoice and be glad in all things beautiful.

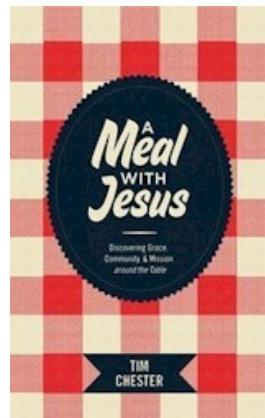
The Journey



Salvation.
Perfect redemption.
Through Jesus Christ.
Gods' Grace is fulfilled.
Redeemed.

Rejoicing.
Brightened hearts.
Fellowship of believers.
The communion of saints.
Companionship.

Witnessing.
Sharing love.
To a lost world.
Tragic souls in darkness.
Inclusion.
MJ Flack



Authour: Tim Chester
Genre: Christian Inspirational
Publisher: Crossway
ISBN: 1433521369

When Tim Chester tells us that 'meals connect' he is delving into the unique way that each meal has had on our connection to our family and our community. He goes on to express that way meals have a spiritual importance as well.

Tim Chester reflects on the many meals that are mentioned in the book of Luke and how each one served more than just feeding the physical needs. He then moves the focus from biblical times to pour modern world. As he seeks to apply the original truths to meet and challenge us in the here and now. Such as to challenge our beliefs in hospitality towards others. In short, he shares his vision of using the meal as a way of serving others while sharing the grace of Christ.

This book will both challenge who you invite into the intimacy of a shared meal. As well as giving you a wonderful insight into how you can reconnect with shared grace through hospitality. Thus fostering grace and blessings for all gathered.

M J Flack

Six days to Sunday



Stepping Stones of Faith

21 06 21

We believe in the Bible over all of life and that Salvation is: In Christ alone, by Grace alone, through Faith alone.



Our Church Website
<http://bowenfelspresbyterianparish.org.au>